

Sauteed Asparagus & Snap Peas

Preparation time: 15 minutes / Serves 8



INGREDIENTS

- 1 pound FOXY-brand asparagus
- 3/4 pound FOXY-brand snap peas
- 2 Tablespoons olive oil
- 1 Tablespoon balsamic vinegar
- 1 Tablespoon garlic, minced
- salt and black pepper to taste
- red pepper flakes

PREPARATION

Trim lower ends of FOXY-brand asparagus and slice stalks into 2-inch pieces. Snap off stem ends of FOXY-brand snap peas and remove "string."

Warm olive oil in a saute pan. Add FOXY-brand asparagus and snap peas. Add salt, pepper and red pepper flakes to taste. Saute 3 to 4 minutes, stirring often, until crisp-tender. Serve while hot.